

Himani Raichur

Present position

- Assistant Professor and Counsellor

Contact Details(Mention e-mail) – fergusson.edu or despune.org



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Work Experience

- Teaching: __20__ years
- Research/Industrial: __01__ years

Personal Profile

Himani Raichur earned her Masters Degree in Psychology with Educational Psychology as her specialization from the University of Pune in 2001. She also completed her UGC NET in 2001. She completed the 400 hour training course Diploma in Professional Skills in Psychology in the year 2009. She has a deep interest in research and her research papers have been published in national and international journals. Himani Raichur is a student counselor and faculty member of the Department of Psychology, Fergusson College, Pune. She teaches at the Post Graduate Certificate Course in Counselling Psychology in Fergusson College, Pune from 2008. She has a vast experience of 20 years of counselling and she conducts workshops related to topics such as Emotional Intelligence, Study Skills, Psychometry and Mindfulness. She is connected to NGOs and other organisations working in the field of mental health.

Course(s) Taught (Only Titles)

1. FYBA
2. SYBA
3. TYBA
4. Post Graduate Certificate Course in Counselling Psychology

Field of Specialization/Areas of Interests

- Counselling Psychology
- Positive Psychology
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Education

- **Master of Science/Arts- (Psychology):** year 2001
University/College – Pune University
- **Bachelor of Science- (Psychology):**1999
College, University,Place – Fergusson College, Pune

Fellowship/Awards/ Certifications/Achievements/Recognitions

1. A
2. B
3. C

Member of College Committees/ Professional Bodies and Others

College Level	Professional Bodies	Others
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Employment History

1) **Organization** : ----- Abasaheb Garware College
Role : ----- C.H.B lecturer
Duration : -----5.5 years

Responsibilities	<ul style="list-style-type: none">• .Teaching• Counselling
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2) **Organization** : ----- Lend A Hand India
Role : ----- Project Officer
Duration : ----- 3 years

Responsibilities	<ul style="list-style-type: none">• .Coordinating Training• Coordinating sessions in schools
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Research Projects

Title of the Project	Name of Funding Agency	Amount(Rs)	Duration (Year) (From To)	Type (Minor/Major)	Outcome

Research Publications in National and International Journals

- Raichur H, Shivnekar RV. Study of Visual Mental Imagery on the Aspects of Background, Foreground, Organization and Vividness of the Stimulus. *Madridge J Neurosci.* 2017; 1(1): 32-37. doi: 10.18689/mjns-1000106
- Diwan, K., & Swami, H. (2016). Discovering the Links between Trait Emotional Intelligence, Trait Emotional Expression and Relationship Satisfaction in Young Adults. *Indian journal of positive psychology*, 7, 196.
- Deshpande, P. & Raichur, H. (2021). Effects of Character Strengths on Career Attitude and Goal Selection. *Indian Journal of Positive Psychology*, 12 (2), 130-135.

Participation in Conferences/Seminars/Symposia/Workshop:

1. Workshop on Pre Marital Counselling, September 1999, Symbiosis College and Indian Association of Human Behaviour
2. Marathi Manasshastra Parishad, December 2002, Ahmednagar College
3. Mental Health Conference, October 2004, Abasaheb Garware College and Academy of Personality Development
4. National Conference of Indian Association of Human Behaviour, March 2008, Sardar Patel University, Anand
5. State level conference on Career Counselling, Shri Shiv Chhatrapati College, Junnar
6. Revision of Psychology Syllabus at Post Graduate Level, February 2009, Fergusson College and BCUD
7. Group Leadership Skills, December 2009, DES PGDCP
8. National Seminar on Health and Wellbeing, January 2011, Fergusson College
9. Talk on Career Counselling, State Level Conference on Professional Testing, February 2014, College of Engineering, Pune
10. Rational Emotive Behaviour Therapy Level 1, October 2015, Emoticons India
11. Rational Emotive Behaviour Therapy Level 2, November 2015, Emoticons India
12. Workshop on Developing Essential Research Skills, January 2016, Emoticons India
13. Therapeutic Uses of Stories and Storytelling, November 2016, World Storytelling Institute
14. Testing and Tool Development Skills Level 1, May 2018, Emoticons India

Events Organized/Coordinated:

Sr. No	Name of the Event	Name of organizing Institute/ College/University	Nature of contribution	Dates
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Additional skills/Activities

Diploma in Professional Skills in Psychology from Human Education Society
Advance Diploma in German from Ranade Institute

Course Content Developed (e-content)**Consultancy Services**

Project Officer for NGO Lend A Hand India