Vyjanthi Trimal

Present position

Consolidation

Contact Details (Mention e-mail) – fergusson.edu or despune.org

- 9423092234
- **Vyjanthi.trimal@gmail.com**
- Vyjanthi Trimal

Work Experience

- Teaching: 5 years
- Research/Industrial: years

Personal Profile

As an alumnus of Fergusson College, I have completed my master's in clinical and Industrial Psychology. My research interest lies in life skills education, Positive Psychology, Organisational Behaviour. I am a certified Professional Behavioural Analyst.

Course(s) Taught (Only Titles)

- 1. Introduction to Human resource Management (MA)
- 2.Micro Skills (MA)
- 3. Performance Management and development (MA)
- 4. Training and IR (MA)
- 5.Strategic Human Resource Management (MA)
- 6. Introduction to Industrial Psychology (MA)
- 7. Positive Psychology
- 8. Introduction to Social Psychology
- 9. Social Dynamics
- 10. Health Psychology
- 11.Cognitive Psychology
- 12.Personality
- 11. Introduction to psychology
- 12. Basic Cognitive Processes and Consciousness

Field of Specialization/Areas of Interests

• Industrial/Organisational Psychology

Education

- Master of Arts (Psychology)
- Fergusson College, Pune
- 2012- MA Industrial Psychology
- 2013 -Clinical Psychology
- **Bachelor of Arts- (Psychology):** 2008 Christ College, University, Bangalore

Fellowship/Awards/ Certifications/Achievements/Recognitions

1. Certified Professional Behavioural Analyst

Member of College Committees/Professional Bodies and Others

College Level	Professional Bodies	Others
•	Society of	e.g. BoSetc
•	Biological Chemists	
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Employment History

Example:

1) Organization: Symbiosis College of Arts and Commerce

Role: Visiting Faculty for MA

Duration : 2 years

Responsibilities	 Taught M.A Psychology students the following courses
	Organisational Development
	Research Methodology
	Applied Cognitive Psychology
	• Personality

2)	Organization	:	
	Role	:	
	Duration	:	

Responsibilities	• .
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Research Projects

Title of the Project	Name of Funding Agency	Amount (Rs)	Duration (Year) (From To)	Type (Minor/Major)	Outcome

Research Publications in National and International Journals

Participation in Conferences/Seminars/Symposia/Workshop:

- 1. Vyjanthi Trimal, *Life Skills Trainers' Training* program organized by Indian association of life skills Education (IALSE) in collaboration with Pondicherry University 22-29 September 2021
- **2.** Vyjanthi Trimal, 12 Hour *Qualitative data collection methods* including Interview Methods for Data Collection, Observation Methods for Data Collection, Focus Groups Method for Data Collection, Survey Design for Data Collection conducted by Swasti Institute of Learning and Development Pvt Ltd.
- **3.** Vyjanthi Trimal, 16-hour *Instructional Design workshop* by Swasti Institute of Learning and Development Pvt Ltd.
- **4.** Vyjanthi Trimal, 6-hour workshop conducted by Arizona Trauma Institute. "BUILDING RESILIENCE IN YOUTH" May 2021
- **5.** Vyjanthi Trimal, 32-hour Workshop in Cognitive Behaviour Therapy Practitioner certification, Academy of Modern Applied Psychology.
- **6.** Vyjanthi Trimal, 20.5-hour Neuro Linguistic Practitioner certification program by Transformation Services.

Events Organized/Coordinated:

Sr. No	Name of the Event	Name of organizing Institute/ College/ University	Nature of contribution	Dates
1.	Assertiveness training workshop under UGC STRIDE component 1	Fergusson College	Co-Ordinator	27 th and 28 th July 2022

Additional skills/Activities

Course Content Developed (e-content)

Assertiveness Training under UGC STRIDE Component 1 attended by students all disciplines of Fergusson College in July 2022

Consultancy Services