



**Deccan Education Society's
Fergusson College
(Autonomous)Pune - 411004**

**Co-curricular
Activities
guidelines as per
NEP-2020**

for

SPORTS ACTIVITY

With effect from Academic Year

2023-2024

(SEM I & II)

Fergusson College (Autonomous), Pune
Proposed First Year Curriculum as per NEP 2020
Sports

Teaching and Evaluation (Only for Sports Co-curricular courses)

Sem	Subject Code	Title	No. of Hours per Week Theory / Practical (Total=60 Hrs)	Maximum Marks	CE 40 %	ESE 60%	Credits
I	CC103	Sports	4/6	50	20	30	2
II	CC153	Sports	4/6	50	20	30	2

Admission Process

1. Student must be admitted for First Year B. A. / B. Sc. / B. Voc. in the Fergusson College.
2. Student must be enrolled to the Sports department of Fergusson College.
3. Student must be an active participant for sports, gymnasium, etc.
4. Selection will be conducted to represent college on different levels (inter-collegiate, state, national).
5. Student must give there minimum 6 hour per week for physical activity (Gymnasium / PT parade).

Evaluation Process

1. Student must participate actively in the particular event.
2. Student should be willing to participate in different competitions like Intercollegiate, State, National and International.
3. Internal Marks (20 M) will be based on Attendance, Punctuality and Participation in various activities.
4. External Marks (30 M) will be based on participation at Different levels+ Interview+ Presentation of art.
5. National / International - 30 Marks
State / University - 20 Marks
Intercollegiate - 10 Marks
6. If the student scores 10 marks for participation at intercollegiate level.

Implementation of the Course

- 1) Student must engage in a chosen sports activity like they can join college gym, can participate in inter collegiate, can come to gymkhana and play your favorite sports during free time or participate in various college events like JOSH 26th January, Gymkhana Day etc. Necessary sports equipment will be provided from gymkhana. But you have to submit your id card or fee receipt. Student must engage in these activities for minimum 6 hours / week.
- 2) There will be no ATKT. Once you fail to get required marks which is 25, then you will not be promoted to next year.
- 3) College will provide activity card to keep the record. Weekly monitoring will be done by gymkhana officials and sports instructor.
- 4) The course is completely practical.

Course Outcome

- 1) Increased cardiovascular fitness.
- 2) Improve Blood Circulation.
- 3) Stronger immunity.
- 4) Physical and mental fitness and skills.
- 5) Stronger muscles.
- 6) Competition result such as winning a match or specific event e. g. winning a gold medal at various levels.
- 7) Development of leadership and communication skills.