
**Deccan Education Society's
FERGUSSON COLLEGE (AUTONOMOUS),
PUNE**

Syllabus

for

S. Y. B. A. (Psychology)

[Pattern 2019]

(B.A. Semester-III and Semester-IV)

From Academic Year

2020-21

Fergusson College (Autonomous), Pune

Structure of S.Y.B.A. – Faculty of Arts and Humanities

Under CBCS pattern (2019-20) *effective from June 2020*

Equivalence Syllabus for Department of ...Psychology.....

SY BA	New CBCS Pattern	Old Existing Pattern
Sem III	DSE 1A (4 credits) PSY2301: Title: Abnormal Psychology.....	Special Paper 1 Title: Abnormal Psychology.....
	DSE 2A (4 credits) PSY2302: Title: Psychological Testing.....	Special Paper 2 Title: Psychological Testing.....
	SEC 1A (3 credits) PSY2303: Title: Introduction to Social Psychology	General Paper 2 Title: Introduction to Social Psychology
	SEC 2A (2 credits) (Value/Skill Based) PSY2304: Title: Psychological Test Construction.....	----

Note: SEC 1A is CC '1 or 2' (General paper for other department students)

SY BA	New CBCS Pattern	Old Existing Pattern
Sem IV	DSE 1B (4 credits) PSY2401: Title: Child and Adolescent Development	Special Paper 1 Title: Abnormal Psychology and Psychosocial Treatment.....
	DSE 2B (4 credits) PSY2402: Title: Research Methodology	Special Paper 2 Title: Research Methodology.....
	SEC 1B (3 credits) PSY2403: Title: Social Dynamics	General Paper 2 Title: Social Dynamics.....
	SEC 2B (2 credits) (Value/Skill Based/ Field Work of SEC-1B)	----

	PSY2404: Title: Research Application.....	
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Note: SEC 1B is CC- '1 or 2' (General paper for other department students)

S.Y. B.A. Semester III

Subject: Psychology

DSE 1A - Special Paper 1 (PSY2301): Paper title: Abnormal Psychology

[Credits-4]

Course Outcomes

At the end of this course, students will be able to

- CO1** Distinguish between normal and abnormal behavior.
- CO2** Describe key concepts and principles related to mental disorders and its classification.
- CO3** Assess an individual through clinical interview and Mental Status Examination
- CO4** Identify the symptoms of various disorders and distinguish between various treatment modalities.

Unit	Details	Lectures
I	<p><u>Unit - I: INTRODUCTION TO PSYCHOPATHOLOGY</u></p> <p>1.1 Definition of mental disorder and criteria of abnormal behavior.</p> <p>1.2 Understanding Diagnostic Classification - DSM and ICD</p> <p>1.3 Paradigms of Psychopathology</p> <p>1.4 Key concepts in assessment - Clinical Interview (History taking and Mental Status Examination)</p>	[12]
II	<p><u>Unit - II MOOD DISORDERS, ANXIETY DISORDERS, and OBSESSIVE COMPULSIVE DISORDER</u></p> <p>2.1 Clinical description of Mood disorders - Depression</p> <p>2.2 Bipolar disorder</p> <p>2.3 Anxiety Disorders - Panic disorder, Phobia (General & Specific) - Agoraphobia.</p>	[12]

	2.4 Obsessive Compulsive Disorder.	
III	<u>Unit-III: SCHIZOPHRENIA AND PERSONALITY DISORDERS</u> 3.1 Clinical description and symptoms of schizophrenia 3.2 Cluster A Personality Disorders 3.3 Cluster B Personality Disorders 3.4 Cluster C Personality Disorders	[12]
IV	<u>Unit IV: PSYCHOSOCIAL APPROACHES TO TREATMENT</u> 4.1 Introduction to Psychotherapy and Psychosocial interventions 4.2 Cognitive and Behavioural Therapies 4.3 Humanistic-Experiential Therapies 4.4 Psychodynamic Therapies	[12]

Books-

1. Durand, V. M., & Barlow, D. H. (2000). *Abnormal psychology: An introduction*. Wadsworth/Thomson Learning.
 2. American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorder 5th edition (DSM-V)*.
 3. Hersen, M., & Thomas, J. C. (2007). *Handbook of clinical interviewing with adults*. Sage Publications.
 4. Nelson-Jones, R. (2010). *Theory and practice of counselling and therapy*. Sage.
- Butcher, J. N., Mineka, S., & Hooley, J. M. (2017). *Abnormal psychology*. Pearson Education India.

S.Y. B.A. Semester III**Subject: Psychology****DSE 2A - Special Paper 2 (PSY2302): Paper title: Psychological Testing****[Credits-4]****Course Outcomes**

At the end of this course, students will be able to

- CO1 Analyse test items using SPSS
- CO2 Establish reliability and validity using SPSS
- CO3 Establish norms using SPSS

Unit	Details	Lectures
I	Development of psychological Test <ul style="list-style-type: none"> 1.1 Why develop a new test? 1.2 Defining the Testing Universe, Audience, and Purpose <ul style="list-style-type: none"> 1.2.1 Defining the Testing Universe 1.2.2 Defining the Target Audience 1.2.3 Defining the Test Purpose 1.3 Developing a test Plan <ul style="list-style-type: none"> 1.3.1 Defining the Construct and the Content to Be Measured 1.3.2 Choosing the Test Format 1.3.3 Administering and Scoring the Test 1.3.4 Developing the Test Itself 1.4 Writing the Effective test items and Instructions <ul style="list-style-type: none"> 1.4.1 Objective items 1.4.2 Subjective items 1.4.3 Response Bias 1.4.4 Effective items and Administration Instruction 	[12]
II	Item analysis through Correlation Method <ul style="list-style-type: none"> 2.1 Conducting the Pilot Test <ul style="list-style-type: none"> 2.1.1 Setting up the Pilot Test 2.1.2 Conducting the Pilot study 2.1.3 Analyzing the Results 2.2 Explaining the basics of Co relational methods for Item Analysis <ul style="list-style-type: none"> 2.2.1 What is Correlation? 2.2.2 Types of Correlation 2.2.3 Correlation Coefficient 2.3 Items Analysis through correlational methods <ul style="list-style-type: none"> 2.3.1 Interitem correlation 2.3.2 Item-total Correlation 2.4 Choosing the Final items 	[12]

III	Reliability and Validity of the test 3.1 What is Reliability? Different types of Reliability 3.2 Factors that influence Reliability 3.3 What is Validity? Different types of Validity 3.4 Relation between Reliability and Validity	[12]
IV	Interpretation of test scores 4.1 Levels of Measurement 4.1.1 Nominal, Ordinal, Interval and Ratio Scales 4.2 Procedures for Interpreting Test scores 4.2.1 Frequency Distributions 4.2.2 Normal Curve 4.2.3 Descriptive Statistic 4.3 Standard Scores and the role of norms 4.4 Ethical standards for Psychological Testing	[12]

Books-

1. Leslie A. M., Robert L. L., and Sandra A. M.(2013). *Psychological Testing – A practical Approach*(4th edition). New Delhi: Sage Publication.
2. Gregory, R. J., (2008)*Psychological Testing - History, Principles and Applications* (6th edition). New Delhi: Pearson Education
3. Anastasi, A., & Urbina, S., (2003). *Psychological testing*(7th edition).New Delhi: Pearson Education.
4. Kaplan, R.M.,&Saccuzzo, D. (2007). *Psychological Testing: Principles, Applications, and issues*(6th edition).
5. Cohen, R. J. &Swerdlik, M.E.,(2007). *Psychological Testing and Assessment: An introduction to Tests and Measurement* (6th Edition).New Delhi: Tata McGraw-Hill.

S.Y. B.A. Semester III**Subject: Psychology****SEC 1A - General Paper (PSY2303): Paper title Introduction to Social Psychology****[Credits-3]****Course Outcomes**

At the end of this course, students will be able to

- CO1** Identify the social psychology principles that are applied in everyday life.
CO2 Interpret research findings in social psychology.
CO3 Use productive strategies while solving the personal issues.
CO4 Apply psychological theory while analysing the group behaviours.

Unit	Details	Lectures
I	<u>Understanding Social psychology</u> 1.1 Definition and Nature 1.2 History and Related Fields (Anthropology, Sociology, Economics, Political Science) 1.3 Methods to study social behaviour 1.4 Social Psychology applied in the areas of law, health and workplace 1.5 How much of social psychology is true?	[12]
II	<u>Understanding Self</u> 2.1 Sources of Self knowledge 2.2 Aspects of self - Self Regulation, Self Efficacy, Social identity and Self Handicapping 2.3 Self Esteem 2.4 Self presentation 2.5 Perspectives on development of gender and gender identity	[12]
III	<u>Group Behaviour</u> 3.1 Nature and characteristics of a group 3.2 Social facilitation and Social loafing 3.3 Group decision making- Attaining consensus and Group think 3.4 Cooperation in groups; Conflicts- Resolving and responding to conflicts 3.5 Deindividuation and Psychology of mobs	[12]
IV	<u>Social Influence and Persuasion</u> 4.1 Conformity- nature and factors affecting conformity 4.2 Compliance- nature and techniques to gain compliance 4.3 Obedience- nature and resisting destructive obedience 4.4 Persuasion- as a means of social influence 4.5 Resisting persuasion	[12]

Books-

1. Branscombe, N.R., Baron, R.A., & Kapur, P., (2017) *Social Psychology* (14th Ed). New Delhi: Pearson.

2. Baumeister, R. F., & Bushman, B. J., (2011). *Social Psychology and Human Nature* (2nd Ed). USA: Cengage Learning.
3. Taylor, S. E., Peplau, L. A., & Sears, D. O., (2006). *Social Psychology* (11th ed). New Delhi: Pearson.
4. Gilovich, T., Keltner, D., Chen, S., & Nisbett, R.E. (2016). *Social Psychology* (4th ed.). London: W.W. Norton & Company, Inc
5. Deb, S., Gireesan, A. & Prabhavalkar, P., (2019). *Social Psychology in Everyday Life*. New Delhi: SAGE Texts. ISBN : 978-93-532-8
6. Natu, S.& Vaidya A. (2012). सामाजिक मानसशास्त्र. Delhi: Pearson Publication
7. Golvilkar, S., Abhyankar, S. & Kher, T.(2012). सामाजिक मानसशास्त्र. Pune: Narendra Prakashan.

S.Y. B.A. Semester III**Subject: Psychology****SEC 2A - Skill Based Paper (PSY2304): Paper title: Psychological test Construction
[Credits-2]****Course Outcomes**

At the end of this course, students will be able to

C01 Construct a Psychological test

Unit	Details	
	<ol style="list-style-type: none">1. Students in group complete the basic process of writing the items.2. Students in group use SPSS for analyzing the items.3. Students in group establish Reliability and Validity using SPSS4. Students in group use SPSS to establish norms.	

S.Y. B.A. Semester IV

Subject: Psychology

DSE 1B - Special Paper 1 (PSY2401): Paper title: Child and Adolescent Development

[Credits-4]

Course Outcomes

At the end of this course, students will be able to

1. Describe the influence of Heredity and Environment on Human Development.
2. Identify the Motor and Cognitive changes in Infancy
3. Identify the Physical and Cognitive changes in Preschool Years and Middle Childhood.
4. Recognise the Physical, Cognitive and Social Development in Adolescents.

Unit	Details	Lectures
I	The Start of Life: Prenatal Development and Birth 1.1 Earliest Development 1.2 The Interaction of Heredity and Environment 1.3 Prenatal Growth and Change 1.4 Birth 1.5 Application: Students should get familiar with intellectual disability	[12]
II	Infancy 2.1 Physical Growth 2.2 Motor Development 2.3 The development of the senses 2.4 Cognitive Development 2.5 Application: Students should get familiar with ADHD	[12]
III	Preschool Years & Middle Childhood 3.1 Physical Development in Preschool Years 3.2 Cognitive Development in Preschool Years 3.3 Physical Development in Middle Childhood 3.4 Cognitive Development in Middle Childhood 3.5 Application: Students should get familiar with Autism	[12]
IV	Adolescence 4.1 Physical Development in Adolescence 4.2 Cognitive Development in Adolescence 4.3 Social Development in Adolescence 4.4 Personality Development in Adolescence 4.5 Application: Students should get familiar with Learning Disability	[12]

Books-

1. Feldman, R.S. (2017). *Development Across the Life Span* (8th edition). Tamil Nadu: Pearson Publication
2. Berk, L. E. (2004). *Development through the life span* (3rd ed.) N.D.: Pearson
3. Santrock, J. W. (2007). *Adolescence* (11th ed.) N.D.: Tata M.C. -GrawHill.
4. Hurlock, E. (1996) *Developmental Psychology*. Tata McGraw-Hill.

5. Lynn M. Shelly (2014). *Handbook of Psychology: Developmental Psychology*, Volume V
Viva Books, New Delhi.

S.Y. B.A. Semester IV**Subject: Psychology****DSE 2B - Special Paper 2 (PSY2402): Paper title: Research Methodology****[Credits-4]****Course Outcomes**

At the end of this course, students will be able to

- CO1 Write a research proposal
- CO2 Perform data analysis using SPSS
- CO3 Write a research Report

Unit	Details	Lectures
I	Research Methodology: An Introduction 1.1 Meaning of Research 1.2 Significance of Research 1.3 Types of Research 1.4 Research Process	[12]
II	Research Problem and Review of literature 2.1 Variables and Formulation of the research problem using different types of variables. 2.2 Objectives, rationale and the theory of the research problem 2.3 Importance of review of literature and the sources for the review of literature 2.4 Formation of Different types of Hypothesis on the basis of Review of Literature	[12]
III	METHODOLOGY 3.1 Importance of the operationalization of the variables 3.2 Sampling and methods of data collection 3.3 Research designs 3.4 Internal and external validity of the research designs	[12]
IV	RESEARCH REPORT 4.1 Preparing an abstract for research report 4.2 Writing a research report 4.3 Referencing 4.4 Research publication and plagiarisms	[12]

Books-

1. Kothari, C.R., (2008). *Research Methodology-Methods and Techniques* (2nd edition). New Delhi: New Age International Publishers.

2. Marczyk, G., DeMatteo, D., Festinger, D., (2005). *Essentials of Research Design and Methodology*. New Jersey: John Wiley and Sons.
3. Kumar, R., (2014). *Research Methodology-A Step by –Step Guide for Beginners*(4th edition). New Delhi: Sage Publication .
4. Singh, A.K., (2011). *Test, and Measurements and Research Methods in Behavioural sciences*(5th edition). New Delhi: Bharati Bhawan Publishers.
5. Kerlinger, F. N., (2007). *Foundations of Behavioural Research* (2nd edition). Delhi: Surjeet Publications.

S.Y. B.A. Semester IV**Subject: Psychology****SEC 1B - General Paper (PSY2403): Paper title Social Dynamics****[Credits-3]****Course Outcomes**

At the end of this course, students will be able to

CO1 critically evaluate theories and findings in social psychology**CO2** Recognise the dynamics of intergroup relationships**CO3** Demonstrate how behaviour is influenced by social factors**CO4** Identify the sources of development of stereotypes, discrimination and prejudices.

Unit	Details	Lectures
I	Attitudes and Prejudice 1.1 Components of attitudes and attitude formation 1.2 Cognitive Dissonance and Self Perception Theory 1.3 Prejudice- Definition, causes and ways to reduce prejudice 1.4 Discrimination and stereotype 1.5 Attitude and behaviour link	[12]
II	Interpersonal attraction and close relationships 2.1 Determinants of attraction 2.2 Different types of relationships- family, friendship, love and romance 2.3 Rejection- Effects and causes of rejection; Unrequited love 2.4 Loneliness and Jealousy 2.5 Maintaining relationships- Investment theory	[12]
III	Aggression 3.1 Theories of aggression – Biological theories, Drive theories and General Aggression Model 3.2 Causes of aggression 3.3 Forms of aggression –child sexual abuse, workplace violence and bullying (cyber bullying) 3.4 Gender and Aggression 3.5 Prevention and Control of Aggression	[12]
IV	Prosocial Behaviour 4.1 Motives for Pro- social Behaviour 4.2 Internal and external factors influencing Pro-social behaviour 4.3 Dealing with Emergencies - Bystander effect 4.4 Ways to increase pro – social behaviour 4.5 Long term commitment to pro-social acts	[12]

Books-

1. Branscombe, N.R., Baron, R.A., & Kapur, P., (2017) *Social Psychology* (14th Ed). New Delhi: Pearson.

2. Baumeister, R. F., & Bushman, B. J., (2011). *Social Psychology and Human Nature* (2nd Ed). USA: Cengage Learning.
3. Taylor, S. E., Peplau, L. A., & Sears, D. O., (2006). *Social Psychology* (11th ed). New Delhi: Pearson.
4. Gilovich, T., Keltner, D., Chen, S., & Nisbett, R.E. (2016). *Social Psychology* (4th ed.). London: W.W. Norton & Company, Inc
5. Deb, S., Gireesan, A. & Prabhavalkar, P., (2019). *Social Psychology in Everyday Life*. New Delhi: SAGE Texts. ISBN : 978-93-532-8
6. Natu, S.& Vaidya A. (2012). सामाजिक मानसशास्त्र. Delhi: Pearson Publication
7. Golvilkar, S., Abhyankar, S. & Kher, T.(2012). सामाजिक मानसशास्त्र. Pune: Narendra Prakashan.

S.Y. B.A. Semester IV**Subject:****SEC 2B - Skill Based Paper (PSY2404): Paper title: Research Application****[Credits-2]****Course Outcomes**

At the end of this course, students will be able to

C01 Do Research Project independently.

Unit	Details	
	<ol style="list-style-type: none">1. Students in group work on research proposal.2. Students in the group write the review of literature in detail for the research problem.3. Students in group analyze the data using appropriate statistic.4. Students in group complete the research report.	