



**Deccan Education Society's
Fergusson College (Autonomous), Pune
Post Graduate Certificate Course in Counseling
Psychology (PGCCCP)**



OBJECTIVES

This is a one-year full-time course run autonomously by Fergusson College since 2005. The major objective of the course is to impart the micro-skills of counseling and hands-on training in counseling to those

students or professionals who wish to pursue their career in the helping field. The course places equal emphasis on theoretical understanding of the concepts of counseling as well as practical experience.

COURSE STRUCTURE

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| 4 Theory Papers |
| Paper I Counselling Theory: (CP1 and CP2) This paper covers all the major approaches to counselling and ethics of counselling |
| Paper II: Micro-skills of Counselling: (CP 3 and CP4) This paper covers essential skills of counselling such as active listening, empathy, validation, accessing childhood memories, interpretations and offering challenges |
| Paper III: Psychological Assessment: (CP 5 and CP 6) CP 5 (Psychological Testing): This paper covers the basics of Psychometry and its role in psychological assessment. CP 6 (Maladaptive Behavior): This paper covers all the basic categories of Abnormal Behavior. |

Paper IV: Family Dynamics: (CP 7 and CP8)

CP 7 (Family Dynamics: a developmental approach): This paper covers all the stages of the family life cycle.

CP 8 (Family Therapy): This paper covers the various theories of Family and Couples Counselling

2 Practicum Papers**CP 9: Testing Practicals:**

Students complete 5 tests: Administration, Scoring, Interpretation and Report Writing. These reports are attached in their journal.

CP 10: Counselling Practicals:

Students handle 5 cases, with 5 one-hour sessions for each client. Clinical Supervision is offered for their counselling work. Counselling case reports are attached in their journal.

SPECIAL FEATURES

- Students complete one observation internship in Mukhtangan De-Addiction Centre
- Students are given training in Child Counseling
- Workshops on Expressive Arts Therapy, Drama Therapy and Indian Psychology are organised every year
- Emphasis on self-work

ELIGIBILITY (According to preference)

- M.A. or B.A. with Psychology major
- Graduation with Psychology as one of the subjects
- B.H.Sc. with Child Psychology as the specialization
- M.S.W.
- B.A.M.S. / B.H.M.S.
- Graduates of other disciplines
- (Minimum 60% marks at Graduation level)

NUMBER OF SEATS: 20

- **Please note that for practising independently as a “Clinical Psychologist”, an M.Phil. degree and RCI recognition is necessary. For practising with severely mentally disturbed clients an M.A. degree in Psychology is necessary. Students who are not from Psychology background are strongly encouraged to take up a Masters’ Degree course in addition to PGCCCP in order to practice counselling independently.**

ADMISSION PROCEDURE

- Application forms and prospectus available on the college website: www.fergusson.edu.
- Shortlisted candidates will be interviewed before the final list of selected candidates is declared.

ADVISORY COMMITTEE

Dr. Ravindrasing Pardeshi
(Principal, Fergusson College, Pune)

Dr. Swati Joglekar
(Vice-Principal, Fergusson College,
Pune)

Dr. Shobhana Abhyankar

(Former Vice-Principal and Head,
Department of Psychology,
Fergusson College, Pune)

Prof. Anil Sawarkar
(Head, Department of Psychology,
Fergusson College, Pune)

Matthijs Cornelissen
(Director, Indian Psychology
Institute, Pondicherry)

COURSE FEES

Application form: Rs. 500/-

Course fees: Rs. 50,000/- (To be paid online in a single installment)

FOR FURTHER INFORMATION CONTACT

Dr. Megha Deuskar (Coordinator)
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