

Deccan Education Society's
FERGUSSON COLLEGE, PUNE
(AUTONOMOUS)

SYLLABUS UNDER AUTONOMY

SECOND YEAR B.A.
SEMESTER - III

SYLLABUS FOR S.Y. B.A. (PSYCHOLOGY)

Academic Year 2017-18

S.Y. B.A. Psychology
Syllabus to be implemented from 2017-2018
Semester-III

Paper –G-III; PSY2301 Introduction to Social Psychology

OBJECTIVES:

1. To give the students an overview of important concepts and theories in social psychology
2. To introduce students to research and empirical findings in social psychology
3. To recognize and appreciate how basic theory and experimental findings apply to everyday situations.

| Unit | Contents | No. of Lectures |
|----------|--|-----------------|
| Unit-I | Understanding Social psychology 1.1 Definition and Nature 1.2 History and Related Fields (Anthropology, Sociology, Economics, Political Science) 1.3 Methods to study social behaviour 1.4 Social Psychology applied in the areas of law, health and workplace. 1.5 Application – Current social issue | (12) |
| Unit-II | 2 Self and Gender 2.1 Nature of Self – self concept and self knowledge 2.2 Concepts related to self – social identity, self-regulation and self handicapping 2.3 Self esteem 2.4 Gender: gender identity and perspectives on development of gender 2.5 Application –Impression Management | (12) |
| Unit-III | 3 Group Behaviour 3.1 Definition and nature 3.2 Characteristics 3.3 Causes and consequences of – social facilitation and social loafing 3.4 Group decision making, cooperation vs competition 3.5 Application- Negotiation skills | (12) |

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| Unit-IV | <p>4 Social influence</p> <p>4.1 Conformity- concept and factors affecting</p> <p>4.2 Compliance- concept and techniques to gain compliance</p> <p>4.3 Obedience</p> <p>4.4 Persuasion- as a means of social influence</p> <p>4.5 Application – Consumer behaviour</p> | (12) |
| | <p>Reference books:</p> <ol style="list-style-type: none"> 1. Baron, R. A., & Branscombe, N.R., (2012) <i>Social Psychology</i> (13th Ed). New Delhi: Pearson. 2. Baumeister, R. F., & Bushman, B. J., (2011). <i>Social Psychology and Human Nature</i> (2nd Ed). USA: Cengage Learning. 3. Taylor, S. E., Peplau, L. A., & Sears, D. O., (2006). <i>Social Psychology</i> (11th ed). New Delhi: Pearson. 4. Kassin, S., Fein, S., & Marcus, H.R., (2011). <i>Social Psychology</i> (8th ed). USA: Cengage Learning 5. Kool, V.K., & Agarwal, R., (2006). <i>Applied Social Psychology: A Global Perspective</i>. Delhi: Atlantic Publishers & Distributors (P) Ltd. <p>Books for further reading:</p> <ol style="list-style-type: none"> 1. Ariely, D. (2010). <i>Predictably irrational: The hidden forces that shape our decisions</i>. New York: Harper Perennial. 2. Gladwell, M. (2008). <i>Outliers: The story of success</i>. USA: Little, Brown and Company. 3. Schultz, D., & Schultz, S. N., (2002). <i>Psychology and work today</i>. New Delhi :Pearson 4. Zimbardo, P. G. (2007). <i>The Lucifer effect: understanding how good people turn evil</i>. New York: Random House | |

S.Y. B.A. Psychology
Syllabus to be implemented from 2017-2018
Semester-III
Paper- S-I; PSY2302 - Abnormal Psychology

OBJECTIVES:

1. To acquaint students with mental disorders.
2. To help students to acquire the knowledge about how to diagnose a mental disorder.

| Unit | Contents | No. of Lectures |
|------------|--|-----------------|
| Unit - I | INTRODUCTION TO PSYCHOPATHOLOGY 1.1 Definition of mental disorder and criteria of abnormal behavior. 1.2 History of Abnormal Psychology 1.3 Understanding DSM and ICD 1.4 Paradigms of Psychopathology | 12 |
| Unit - II | CLINICAL ASSESSMENT AND DIAGNOSIS 2.1 Key concepts in assessment 2.2 Case history taking (including the patient's experience of distress, stigma, anticipated outcome, somatic symptoms, stressors, evaluation of supports, instrumental and perceived support) 2.3 The Clinical interview; structured and semi-structured interviews 2.4 Mental Status Examination and non-verbals of the client | 12 |
| Unit - III | SCHIZOPHRENIA SPECTRUM AND MOOD DISORDERS 3.1 Clinical description and symptoms of schizophrenia 3.2 Schizophrenia spectrum disorders: Schizophreniform, Schizoaffective, Delusional disorder, brief psychotic disorder 3.3 Depressive disorders | 12 |

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| Unit-IV | ANXIETY TRAUMA AND STRESS RELATED DISORDERS 4.1 GAD, Panic and Agoraphobia, Specific Phobia, Social Phobia 4.2 PTSD 4.3 OCD and Body Dysmorphic disorder 4.4 Other OCD related disorders: Hoarding, | 12 |
| | BOOKS FOR READING: <ol style="list-style-type: none"> 1. Abnormal Psychology-7th edition, David H. Barlow and V. Mark Durand. 2. Diagnosis and Statistical Manual of Mental Disorder-5th editions. (DSM-V) 3. Handbook of Clinical Interviewing with Adults - Michel Hersen and Jay C. Thomas | |

SYBA Psychology
Syllabus to be implemented from 2017-2018
Semester-III
Paper S-III; PSY2303 - Psychological Testing

OBJECTIVES:

1. To acquaint the students with the basic concepts of testing.
2. To acquaint them with the characteristics of standardized tests.
3. To acquaint them with the skills which are required to develop a psychological test.

| Unit | Contents | No. of Lectures |
|-------------|--|------------------------|
| Unit - I | <p>How do we develop a Psychological test:</p> <p>1.1 Why Develop a New Test?</p> <p>1.2 Defining the Testing Universe, Audience, and Purpose</p> <p>1.2.1 Defining the Testing Universe</p> <p>1.2.2 Defining the Target Audience</p> <p>1.2.3 Defining the Test Purpose</p> <p>1.3 Developing a test Plan</p> <p>1.3.1 Defining the Construct and the Content to Be Measured</p> <p>1.3.2 Choosing the Test Format</p> <p>1.3.3 Administering and Scoring the Test</p> <p>1.3.4 Developing the Test Itself</p> <p>1.4 Writing the Effective test items and Instructions</p> <p>1.4.1 Objective items</p> <p>1.4.2 Subjective items</p> <p>1.4.3 Response Bias</p> <p>1.4.4 Effective items and Administration Instruction</p> | 12 |

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| Unit-II | <p>How do we assess the Psychometric Quality of a Test?</p> <p>2.1 Conducting the Pilot Test</p> <p>2.1.1 Setting up the Pilot Test</p> <p>2.1.2 Conducting the Pilot study</p> <p>2.1.3 Analyzing the Results</p> <p>2.2 Explaining the basics of Co relational methods for Item Analysis</p> <p>2.2.1 What is Correlation?</p> <p>2.2.2 Types of Correlation</p> <p>2.2.3 Correlation Coefficient</p> <p>2.3 Items Analysis through corelational methods</p> <p>2.3.1 Interitem correlation</p> <p>2.3.2 Item-total Correlation</p> <p>2.4 Choosing the Final items</p> | 12 |
| Unit-III | <p>What is Test Reliability and Validity?</p> <p>3.1 What is Reliability? Internal Consistency reliability using Cronback Alpha</p> <p>3.2 What is Validity? Selecting a Criterion</p> <p>3.3 Concurrent and predictive validity</p> <p>3.4 Relation between Reliability and Validity</p> <p>3.5 Application: Using Computer Software SPSS</p> | 12 |
| Unit-IV | <p>How do test Users interpret test scores?</p> <p>4.1 Levels of Measurement</p> <p>4.1.1 Nominal, Ordinal, Interval and Ratio Scales</p> <p>4.2 Procedures for Interpreting Test scores</p> <p>4.2.1 Frequency Distributions</p> <p>4.2.2 Normal Curve</p> <p>4.2.3 Measure of Central Tendency(Mean)</p> <p>4.2.4 Measure of Variability(Standard deviation)</p> <p>4.3 Norms</p> <p>4.3.1 What are Norms</p> <p>4.3.2 Age Norms and Grade Norms</p> <p>4.3.3 Z Scores</p> <p>4.3.4 T Scores</p> <p>4.4 Ethical Standards of Psychological Testing</p> <p>4.4.1 What are Ethics?</p> <p>4.4.2 Ethical Principles of the APA</p> <p>4.4.3 Certification and Licensure</p> <p>4.4.4 Testing Guidelines</p> | 12 |

Books for Reading:

1. Psychological Testing – A practical Approach – Leslie A. Miller, Robert L. Lover and Sandra A. McIntire
2. Psychological Testing - History, Principles and Applications. 6th edition, Robert J. Gregory.
3. Psychological testing- 7th edition, Anne Anastasi and Susan Urbina.

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SYLLABUS UNDER AUTONOMY

SECOND YEAR B.A.
SEMESTER - IV

SYLLABUS FOR S.Y.B.A. (PSYCHOLOGY)

Academic Year 2017-18

SYBA Psychology
Syllabus to be implemented from 2017-2018
Semester-IV
Paper G-IV; PSY2401 - Social Dynamics

OBJECTIVES:

1. To give the students an overview of important concepts and role of social psychology in society.
2. To introduce students to research and empirical findings in social psychology.
3. To study the impact of social psychology in interpersonal relationships.

| Unit | Contents | No. of Lectures |
|----------|---|-----------------|
| Unit-I | <p>1 ATTITUDES AND PREJUDICE</p> <p>1.1 Components of attitudes and attitude formation</p> <p>1.2 Cognitive Dissonance</p> <p>1.3 Prejudice- Definition, causes and ways to reduce</p> <p>1.4 Discrimination and stereotype</p> <p>1.5 Application – Attitude and behaviour link</p> | 12 |
| Unit-II | <p>INTERPERSONAL ATTRACTION AND CLOSE RELATIONSHIPS</p> <p>2.1 Determinants of attraction – affiliation, affect, proximity, observable factors, similarity and reciprocity</p> <p>2.2 Rejection, jealousy and loneliness</p> <p>2.3 Different types of relationships- family, friendship love and romance</p> <p>2.4 Marriage</p> <p>2.5 Application –Maintaining relationships</p> | 12 |
| Unit-III | <p>3 AGGRESSION</p> <p>3.1 Definition and Levels (Irritation, Anger, Aggression, Violence)</p> <p>3.2 Theories of aggression</p> <p>3.3 Causes of aggression- inner- frustration, age and gender interpersonal-domestic violence external- mass media and culture</p> <p>3.4 Forms of aggression –child sexual abuse, workplace violence, bullying, ragging</p> <p>3.5 Application – Prevention and Control of</p> | 12 |

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| | Aggression | |
| Unit-IV | <p>4 PROSOCIAL BEHAVIOUR</p> <p>4.1 Definition and motives for Pro-social Behaviour</p> <p>4.2 Dealing with Emergencies - Bystander effect</p> <p>4.3 Internal and external factors influencing Pro-social behaviour</p> <p>4.4 Long term commitment to pro-social acts</p> <p>4.5 Application – How to increase pro – social behaviour</p> | 12 |
| | <p>REFERENCE BOOKS:</p> <ol style="list-style-type: none"> 1. Baron, R. A., & Branscombe, N.R., (2012) <i>Social Psychology</i> (13th Ed). New Delhi: Pearson. 2. Baumeister, R. F., & Bushman, B. J., (2011). <i>Social Psychology and Human Nature</i> (2nd Ed). USA: Cengage Learning. 3. Taylor, S. E., Peplau, L. A., & Sears, D. O., (2006). <i>Social Psychology</i> (11th ed). New Delhi: Pearson. 4. Kassin, S., Fein, S., & Marcus, H.R., (2011). <i>Social Psychology</i> (8th ed). USA: Cengage Learning <p>BOOKS FOR FURTHER READING:</p> <ol style="list-style-type: none"> 1. Ariely, D. (2010). <i>Predictably irrational: The hidden forces that shape our decisions</i>. New York: Harper Perennial. 2. Gladwell, M. (2008). <i>Outliers: The story of success</i>. USA: Little, Brown and Company. 3. Schultz, D., & Schultz, S. N., (2002). <i>Psychology and work today</i>. New Delhi :Pearson 4. Zimbardo, P. G. (2007). <i>The Lucifer effect: understanding how good people turn evil</i>. New York: Random House. | |

SYBA Psychology
Syllabus to be implemented from 2017-2018
Semester-IV
Paper S-III; PSY2402-Abnormal Psychology and Psychosocial treatment

OBJECTIVES:

1. To acquaint students with mental disorders.
2. To help students to become familiar with psychosocial treatment which are used to help the patients to overcome abnormal behaviour

| Unit | Contents | No. of Lectures |
|----------|---|-----------------|
| Unit-I | 1. Dissociative Disorders and Somatic Symptom related disorders 1.1 Types of dissociative disorders 1.2 Somatic Symptom Disorder 1.3 Illness Anxiety disorders 1.4 Conversion and Factitious disorder | 12 |
| Unit-II | 2. Personality Disorders and Neurodevelopmental disorders 2.1 Characteristics of personality disorders 2.2 Cluster A, Cluster B, Cluster C personality disorders 2.3 Intellectual Disabilities: types 2.4 Autism, Hyperactivity Disorder, Learning disorders | 12 |
| Unit-III | 2 Sleep-Wake Disorders ,Eating Disorders and Neurocognitive disorders 3.1 Sleep disorders: Insomnia, Hypersomnolence, Narcolepsy 3.2 Parasomnias 3.3 Eating disorders: Bulimia Nervosa, Anorexia Nervosa, Binge Eating disorder 3.4 Delirium and Neurocognitive disorder(Mild and Major) | 12 |
| Unit-IV | 4. Psychosocial Approaches to Treatment 4.1 Behavioural Therapies | 12 |

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| | 4.2 Cognitive Behaviour Therapies 4.3 Humanistic-Experiential Therapies 4.4 Psychodynamic Therapies | |
| | Books for Reading : <ol style="list-style-type: none"> 1. Abnormal Psychology-7th edition, David H. Barlow and V. Mark Durand. 2. Diagnosis and Statistical Manual of Mental Disorder-5th editions.(DSM-V) 3. Six Approaches to Counselling and Therapy - 2nd edition, Richard Nelson - Jones. | |

SYBA Psychology
Syllabus to be implemented from 2017-2018
Semester-IV
Paper S-IV; PSY2403 - Research Methodology

OBJECTIVES:

1. To develop the spirit of scientific inquiry in the students
2. To acquaint the students with the basic concepts of research methodology
3. To help them generate ideas for research, as well as develop hypotheses and operational definitions for variables.
4. To help students understand the basic steps in scientific research
5. To enable the students to undertake an independent small-scale research project.

| Unit | Contents | No. of Lectures |
|-------------|---|------------------------|
| Unit-I | <p>1 Research Problem</p> <p>1.1 Formulating a research question or research problem</p> <p>1.2 Formulation of research objectives</p> <p>1.3 Identifying variables</p> <p style="padding-left: 20px;">1.3.1 What is a variable</p> <p style="padding-left: 20px;">1.3.2 The difference between a concept and a variable</p> <p style="padding-left: 20px;">1.3.3 Types of variables(Independent, Dependent, Extraneous and Independent)</p> <p style="padding-left: 20px;">1.3.4 Establishing operational definitions</p> <p>1.4 Rationale of research</p> <p>1.5 Application: Students in group formulate the research problem</p> | 12 |
| Unit-II | <p>2 Review of Literature</p> <p>2.1 Importance of review of Literature</p> <p>2.2 Knowledge gap and contradictory findings</p> <p>2.3 Validation of earlier research</p> <p>2.4 New addition to earlier research</p> <p>2.5 Application: Students in group review the literature related to the problem under study</p> | 12 |

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| Unit-III | <p>3 Methodology in research</p> <p>3.1 Constructing Hypotheses</p> <p> 3.1 The definition of a hypothesis</p> <p> 3.2 Types of hypothesis</p> <p>3.2 Types of sampling</p> <p>3.3 Use of Measurement tools</p> <p>3.4 Research Design</p> <p> 3.3.1 Within group design</p> <p> 3.3.2 Between group design</p> <p> 3.3.3 Correlational design</p> <p> 3.3.4 The control group design</p> <p>3.5 Application: Students in group analyze the data using appropriate statistic</p> | 12 |
| Unit-IV | <p>4 Writing a Research Report for Publication</p> <p>4.1 How to prepare an abstract for research publication</p> <p> 4.2 Developing a draft outline</p> <p> 4.3 Writing an actual report for the publication</p> <p> 4.4 Referencing</p> <p> 4.5 Application: Students in group complete the research report</p> | 12 |
| <p>Books for Reading:</p> <p>1. Research Methodology- A step by step Guide for Beginners. 7th edition, Ranjit Kumar.</p> <p>2. Research methods for Business and Social Science students, 2nd edition, John Adams, Hafiz T.A. Khan and Robert Raeside.</p> <p>3. Research Design – Qualitative, Quantitative and mixed methods Approaches. 3rd edition, John W. Creswall.</p> | | |